

# VYDEHI INSTITUTE OF NURSING SCIENCES AND RESEARCH CENTRE

IN COLLABORATION WITH  
ASSOCIATION OF NURSE EXECUTIVES INDIA  
ORGANIZES A NATIONAL CONFERENCE ON



**UNLOCKING POTENTIAL**  
MASTERING THE ART OF SOFT SKILLS



**30<sup>th</sup> | MAY 2024 | THURSDAY**

**VENUE:** III FLOOR SEMINAR HALL, VYDEHI INSTITUTE OF  
MEDICAL SCIENCES AND RESEARCH CENTRE

**KNC CREDIT POINTS WILL BE AWARDED**

## GREETINGS FROM VYDEHI INSTITUTE OF NURSING SCIENCES AND RESEARCH CENTRE



Vydehi Group of Institutions is nestled within the serene greenery of the Information Technology sector, offering a tranquil and pleasant environment. Spread across 105 acres, our campus enjoys the advantages of easy access to city facilities while avoiding the hustle and bustle of urban congestion. Experience the best of both worlds within our peaceful and convenient location.

Vydehi Institute of Nursing Sciences and Research Centre, part of the esteemed Vydehi group of institutions, was founded in 2003 with a vision to provide top-tier infrastructure, innovative teaching methodologies, and robust research opportunities. Accredited and affiliated with esteemed bodies like the Indian Nursing Council, Karnataka Nursing Council, Rajiv Gandhi University of Health Sciences, and Karnataka State Diploma in Nursing Examination Board, we offer GNM, BSc, PBBSc, and MSc Nursing programs. Our mission is to nurture skilled nursing professionals through collaborative efforts with our parent hospital. With a focus on professionalism and preparedness for challenging environments, we aim to enhance client health outcomes through quality training and development.



## ABOUT CONFERENCE



Nurses are indispensable members of healthcare teams, collaborating closely with colleagues and patients to ensure optimal outcomes. Their analytical prowess and ability to connect directly with patients significantly influence healthcare delivery. To excel in their profession, nurses must possess a range of essential skills, including soft skills. Developing these abilities enables nurses to forge strong bonds with patients and their families. According to the RGUHS curriculum, soft skills are integrated into the 3rd semester of B.Sc. Nursing as an elective module. Therefore, this conference aims to enhance soft skills crucial for delivering quality patient care and fostering a professional work environment.

### OBJECTIVES

At the end of the session the students will be able to:



**Foster professionalism and elevate patient care through adherence to proper personal etiquette, fostering a respectful and efficient healthcare environment.**



**Enhance nurses' efficiency by mastering time management techniques, and facilitating the completion of professional tasks.**



**Improve professional and personal satisfaction, productivity, and overall quality of life by effectively balancing work and personal commitments.**



**Equip nursing professionals with essential skills for collaborative, patient-centered care.**



**Boost self-confidence, leadership capabilities, and decision-making skills, empowering nurses to effectively navigate complex challenges and lead in the dynamic healthcare landscape.**

# CONFERENCE SCHEDULE

TIME	SESSION	RESOURCE PERSONS
08:00 AM 09:00AM	Registration and Pre-Test	
09:00 AM 10:00 AM	<b>Session 1:</b> Personal Etiquette as the soul & base of soft skills: A set of norms & manners.	<b>Ms. Shanthi Rani</b> , ANEI Member, Chief Nursing Officer, Aster RV Hospital, Bangalore.
10:00 AM 10:30 AM	<b>Inauguration</b>	
10:30 AM 10:45 AM	<b>Tea break</b>	
10:45 AM 11:45 AM	<b>Session 2:</b> Time management & organization: It's importance in maximizing productivity	<b>Dr. R Hemalatha</b> , Principal, Universal College of Nursing, Certified NLP Transformation Coach, Founder, Satori Coaching & Training, Secretary, TNAI, KSB
11:30 AM 2:00 PM	Parallel sessions of Scientific presentations	<b>Ms. Gowri. S</b> M.Sc. (N) Nursing Educator, Fortis hospital, Bangalore <b>Mrs. Akshatha R S</b> , M Pharm, Asst. Professor, Vydehi College of Pharmacy
11:45 AM 12:45 PM	<b>Session 3:</b> Work-Life Balance: Navigating work & life with grace	<b>Mrs. Joyce Meshach</b> Nursing-Head, Vydehi Institute of Medical Sciences & Research Centre
12:45AM 1:30 PM	<b>Lunch Break</b>	
1:30 PM 2:30 PM	Panel discussion on Teamwork & Collaboration	<b>Moderator: -Mrs. Latha Nonis</b> , Chief Nursing Officer, Fortis Hospital, Bangalore & ANEI- President Karnataka Chapter <b>Panelists: -</b> <b>1) Dr. M S. Ganesh</b> , Prof & HOD, Department of Oncology, VIMS & RC <b>2) Col S G Jyothy</b> , Deputy Principal Matron, Command Hospital Air Force Bangalore. <b>3) Dr. Prof. Jasmine Joseph</b> , Principal, VINS & RC <b>4) Mrs. Shiny Jacques</b> , Nursing Director, Vydehi Super Specialty Hospital, Bangalore
2:30 PM 3:30 PM	<b>Session 4:</b> Confidence Building to unlock your inner strength	<b>Mr. Karthiksaragur</b> , Researcher & Film Director
3:30 PM 3:40 PM	<b>Post-Test &amp; Feedback</b>	
3:40 PM 4:00 PM	<b>Valedictory &amp; Certificate distribution</b>	<b>Maj. Ushashree Kumar (Retd.)</b> Chief Operating Officer, Vydehi group of Institutions, Bangalore

## ORGANIZING COMMITTEE

### PATRONS

## LATE DR.D.K.AUDIKEVALU

FOUNDER CHAIRMAN  
VYDEHI GROUP OF INSTITUTIONS

## MRS. KALPAJA D A

CHAIRPERSON  
VYDEHI GROUP OF INSTITUTIONS

### ORGANIZING CHAIRPERSON

## MAJOR UHASHREE KUMAR

CHIEF OPERATING OFFICER (COO)  
VYDEHI GROUP OF INSTITUTIONS

### ORGANIZING SECRETARY

## DR. PROF. JASMINE JOSEPH

PRINCIPAL, VYDEHI INSTITUTE OF NURSING SCIENCES AND  
RESEARCH CENTRE

## MRS. LATHA NONIS

PRESIDENT, ASSOCIATION OF NURSE EXECUTIVES INDIA (ANEI)  
KARNATAKA CHAPTER



**SCAN FOR REGISTRATION**

BENEFICIARIES	OFFLINE		ONLINE	
	Early bird on or before 25/05/24	Spot Registration	Early bird on or before 25/05/24	Spot Registration
Nursing Faculty/ Nursing Staff/ PhD Scholars	350/-	400/-	250/-	300/-
Nursing students	250/-	300/-	150/-	200/-

Additional 18% GST will be included

## CRITERIA FOR SCIENTIFIC PAPER PRESENTATION

- ▶ Original research relevant to the conference theme is encouraged.
- ▶ Abstract should adhere to the word limit of 250-350 words and follow the IMRAD format.
- ▶ Font Type: Times New Roman, Font Size 12 with Line Spacing 1.5
- ▶ Include the presenter's name, designation, institution, email address, and mobile number.
- ▶ Only 8 to 10 PPT Slides are accepted.
- ▶ Time limit for the presentation will be 10 minutes.
- ▶ Submit abstracts to [vydehiconference24@gmail.com](mailto:vydehiconference24@gmail.com) by May 20<sup>th</sup>, 2024.
- ▶ Abstracts will undergo scrutiny by the scientific committee, and the acceptance will be intimated through email.
- ▶ Best paper will be awarded.

## CRITERIA FOR SCIENTIFIC POSTER PRESENTATION

- ▶ Posters must be in English.
- ▶ Poster size should be 36 x 40 inches or 90x120cms in portrait orientation.
- ▶ Posters should be self-explanatory.
- ▶ Best poster will be awarded.

**For inquiries about paper and poster presentations, please contact: Dr. Prof. Kavita Reddy, 9632101581**